

Al-Anon
Meeting Schedule
District 3

Monday

Arroyo Grande 7:30 – 9:00 pm
 Just for Today AFG
 Methodist Church, Friendship Hall Rm 113
 275 N. Halcyon 481-1330, 473-9366

Atascadero 7:30 – 9:00 pm
 Monday Al-Anon
 Lutheran Church (downstairs)
 El Camino Real & San Anselmo 466-2346

Cambria 7:30 – 8:30 pm
 Community Center
 870 Main Street 924-1401

Cayucos 10:00 – 11:30 am
 Monday Morning Al-Anon
 Cayucos Community Church
 Ocean and Third Streets 772-9526

Lompoc 7:00 – 8:30 pm
 Serenity AFG
 St. Mary's Episcopal Church
 2800 Harris Grade 736-9949

Morro Bay 7:00 – 8:30 pm
 Keep It Simple AFG
 St. Peter's Episcopal church
 545 Shasta 528-8773

San Luis Obispo 12:00 – 1:00 pm
 Melody AFG Melody Club
 1125 Garden Street (upstairs) 549-8078

Santa Maria 11:00am – 12:00 noon
 Santa Maria Valley AFG 1600 Club
 324 Cypress Street

Solvang 7:30 – 8:30 pm
 Beginners AFG Alano Club
 Oak Street 688-6173, 688-3917

Saturday

Santa Maria 9:30 – 10:30 am
 Spanish Speaking Meeting 1600 Club
 324 Cypress Street 343-6145

Sunday

San Luis Obispo 3:00 – 4:00 pm
 Beginners Meeting
 St. Stephen's Episcopal Church
 1344 Nipomo 460-9414

Tuesday

Los Alamos 10:00 – 11:00 am
 Tuesday Literature Al-Anon
 Presbyterian Church Fellowship Hall
 490 Main Street 344-3701

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Orcutt
 Serenity Group AFG
 Lions Club (non-smoking)
 126 South Broadway 922-2990

Pismo Beach 5:30 – 6:30 pm
 Tuesday Evening AFG (call for meeting room)
 New Life Community Church of the Nazarene
 990 James Way 773-0894

San Luis Obispo 7:30 – 9:00 pm
 Melody Tuesday AFG
 Melody Club (upstairs, non-smoking)
 1125 Garden Street (upstairs) 528-2250, 549-8078

Wednesday

Arroyo Grande 7:00 – 8:00 pm
 Into the Solution
 134 Nelson Avenue 473-1643

Atascadero 12:00 – 1:00 pm
 12 x 12 North County Connection
 8600 Atascadero Avenue 227-6831

Atascadero 7:00 – 8:30 pm
 Valor para Cambiar Spanish Speaking Meeting
 North county Connection
 8600 Atascadero Avenue 441-1881, 462-8600

Paso Robles 7:30 – 9:00pm
 The Oaks
 St. James Episcopal Church
 514 14th Street

San Luis Obispo 12:00 – 1:00 pm
 Melody Noon AFG, Melody Club (non-smoking)
 1125 Garden Street (upstairs) 549-8078

Santa Maria 7:30 – 8:30 PM
 Survival to Recovery
 St. Mary's Catholic Church
 (new room next to school office)
 424 E. Cypress Street (at School St) 925-0924

Thursday

Arroyo Grande 7:00 – 8:00 pm
 Thursday Night Arroyo Grande Men's Stag
 South County Alano Club
 134 A Nelson Street

Atascadero 5:30 – 6:30 pm
 Atascadero Step Study Lutheran Church
 El Camino Real & San Anselmo 462-1438

Atascadero 7:00 – 8:30 pm
 Men's Al-Anon
 North County Connection
 8600 Atascadero Avenue 466-9860, 462-8600

Cambria 7:30 – 9:00 pm
 Cambria AFG Cambria Connection
 1920 Main Street 924-1494

Lompoc 7:30 – 9:00 pm
 Lompoc Valley AFG Alano Club
 119 North D Street 733-1237

Nipomo 5:30 – 6:30 pm
 Peace and Serenity Meeting
 Nipomo Area Senior Citizen Center
 200 E. Dana St. 929-4844

Shell Beach 5:30 – 7:00 pm
 Thursday Serenity AFT (women only)
 Shell Beach Methodist Church
 189 Windward 934-0210

Friday

Arroyo Grande 6:00 – 7:30 pm
 TGIF AFG
 Community Social Services Office
 1086 Grand Avenue, Room 128 489-4477

Atascadero 7:00 – 8:30 pm
 Atascadero Friday Noon
 North County Connection
 8600 Atascadero Avenue 466-2805

Los Osos 7:00 – 8:30 pm
 Courage to Change AFG
 Washington Mutual (Community room, park in rear)
 1045 Los Osos Valley Road 534-1320

Paso Robles 7:00 – 8:30 pm
 Spanish Speaking Meeting
 Centro de la Comunidad
 3350 Park 239-3708, 239-1836

San Luis Obispo 12:00 – 1:00 pm
 Melody Friday Noon AFG
 1125 Garden Street (upstairs) 528-5813, 549-8078

Solvang 10:30 – 11:30 am
 Easy Does It AFG Alano Club
 Oak Street 688-3917